

Maximum Velocity Swimming

COVID Protocols

1. Pre-Camp Screening or Negative COVID 19 Test

- a. We recommend all campers monitor symptoms 14 days prior to the start of camp to ensure safety of other campers upon arrival. Every camper will be required to complete a Pre-Camp COVID 19 questionnaire at check-in that will be signed by a guardian if camper is under 18.
- b. Or a negative COVID 19 test would suffice instead of completing the pre-camp screening.

2. Daily Symptom Checks at Camp

- a. Maximum Velocity Swimming employs a full-time athletic trainer for camp, who will assist our head counselors with daily symptom check.

3. Mask Policy (Fully vaccinated campers are not required to wear a mask)

- a. In light of Virginia's termination of Executive Order 72, masks are not required, but are highly recommended for overnight camps for those not fully vaccinated.
- b. Maximum Velocity Swimming will ask all campers and staff, who are not fully vaccinated, to wear a mask on the bus.

4. Roommates

- a. Campers will have the option to list a preferred roommate when they complete registration. Preferred roommates will be roomed together in the same dorm room.
- b. Campers not listing a preferred roommate will have their own room, unless they request to have a roommate they do not know.

5. Dining

- a. All meals will be eaten in the dining hall on campus. The dining hall will be sectioned off and our camp will not intermix with other camps during that time. In our designated space, campers will be socially distanced. Campers will be served food by our food service employees, there will be no self-serve stations this year.

6. Locker rooms at Pool

- a. Locker rooms will be open at the pool for campers to use. Each camp group will have their own space to change.
- b. Locker rooms are cleaned daily by our custodial staff at Liberty.

7. Transportation

- a. Campers will travel from dorms to the pool via a 52-passenger bus. Campers will sit next to their immediate roommate on the bus or someone in their camp group. Anyone not fully vaccinated will be required to wear a mask on the bus.
- b. Campers will walk from dorms to dining hall for breakfast and dinner with counselors. This will allow less time on bus and opportunity for campers to be outside.

8. Camp Groups

- a. In light of Virginia's termination of Executive Order 72 social distancing is no longer required.

- b. Campers will still be placed into groups for the week with their teammates and friends, as we have always run our camp using groups at the pool to facilitate with moving from station to station. Each group will be assigned a locker room to use at the pool for changing and will travel together to the dining hall.
- c. We still plan to implement some social distancing when giving talks in our wet classroom and eating in the dining hall.

9. Nighttime Activities

- a. We have two nighttime activities planned for camp this year.
 - i. Amazing Race Themed Scavenger Hunt outside (2 nights)
 - ii. Indoor Rock Wall (waiver will need to be signed at check-in for any camper interested in participating)

10. Maximum Velocity Camp Staff

- a. Our camp staff will be following the same protocols above, beginning with a pre-camp screening. Our staff is comprised of Liberty Women's Swimming and Diving team members, who are here for the summer training and are monitored on a daily basis by our athletic trainer.

11. Camper exhibits COVID symptoms while at camp

- a. Should a camper begin to exhibit COVID symptoms said camper and any direct contacts (roommate/friends) will be taken back to dorm room immediately to isolate. Parents will be notified and a plan to pick up campers will be made.
- b. Commons 3 dorms are reserved for any campers who need to quarantine. We will provide boxed meals from dining hall to a camper in quarantine until arrangements are made for pick up.

12. PPE

- a. Hand sanitizer stations can be found in all buildings on campus, as well as, on the pool deck by the locker rooms and water fountains. Each camper will receive their own bottle of hand sanitizer to use while at camp and take home.